



# FITNESS GLOW PARTY

IF YOU LIKE THE IDEA OF A FITNESS CLASS THAT FEELS MORE LIKE A NIGHT OUT THAN A WORKOUT, YOU WILL LOVE GLOW FITNESS CLASSES! SUITABLE FOR ALL LEVELS, THIS IS ABOUT MAKING FITNESS FUN!

GLOW STICKS & GLOW IN THE DARK FACE PAINT WILL BE AVAILABLE

FRIDAYS  
7:15-8:15PM

LIMITED SPACE.  
PRE-REGISTRATION  
REQUIRED.

\$5 MEMBERS  
\$10 NON-MEMBERS  
PER CLASS.



MAY 4 ZUMBA // MAY 11 POUND // MAY 18 STRONG BY ZUMBA  
JUNE 1 BARRE // JUNE 8 YOGA

COME WORKOUT UNDER THE BLACK LIGHTS AND...LET'S GET OUR GLOW ON!!!