

95 WILL ROCK

RecPlex



THIN IT TO WIN IT

COMMUNITY WEIGHT LOSS CHALLENGE

9

WEEK PROGRAM

November 5 - January 4

Registration October 22-November 5

FREE t-shirt for all!

110%

SUPPORT & MOTIVATION

Free Group Fitness Classes,

Healthy Eating, Workout Suggestions

& Discounted Training

Join our 9 week "Thin It to Win It" community weight loss challenge & receive a full individual *RecPlex Membership* through January 4!

Initial Weigh-In: November 5

Final Weigh-In: Any day Jan. 2 - Jan. 4

\$15

MEMBERS

\$70

NON-MEMBERS

WIN A FREE MEMBERSHIP!

THE MOST SUCCESSFUL "THIN IT TO WIN IT" PARTICIPANT WILL WIN A FREE 1 YEAR RECPLEX MEMBERSHIP.

CALL:

262.947.0437

ONLINE:

RECPLEXONLINE.COM