



Volunteers are needed for all dates and shifts. Volunteers are asked to be available for a minimum of a 4 hour shift. Before each event you will be notified of a mandatory pre-race meeting where you will receive your volunteer t-shirts, job assignments, volunteer times and final instructions.

Listed below are options for volunteer duties. Please mark an area if it is of interest to you. Assignments are on a first come, first serve basis. Thanks again for your time!

### **TRIATHLONS**

- Water Station – hand out water to athletes
- Information Table – provide answers to FAQ’s, maps of the race, information about the race
- Registration Table – Distribute packets to race participants
- Transition/Bike Check in – double-check racer and their bike numbers including helmet and bike. Allow only registered athletes into transition area.
- Transition/Body Marking – Write race numbers on the arms and legs of the tri-athletes
- Bag Stuffer – Stuff the tri-athlete bags with race materials
- Expo Assistant – Hand out materials, answer questions,
- Parking, Traffic Control – direct traffic, help people park, answer questions, information
- Course monitor
- Intersection Monitor
- Floater – Hospitality, Information, Relief person
- Where ever- Put me where needed!

### **SPORTS FEST**

- Games Attendant
- Idol Judge
- Fishing Derby Volunteer
- Concessions
- Wherever – Put me where needed!